

**SAI INSTITUTE OF TECHNOLOGICAL SCIENCE, CHOUDWAR, CUTTACK**  
**DEPARTMENT OF CIVIL ENGINEERING**  
**LESSON PLAN**

Discipline: Civil	Semester: 3rd	Semester from: 01/08/2023-23/11/2023 No. of weeks: 16
Subject: Structural Mechanics Th.1	No. of days/per week Class Allotted: 5	Name of the teaching faculty: L. Jena
Week	Class/Day	Theory Topics
1 <sup>st</sup>	1 <sup>st</sup>	Basic Principle of Mechanics
	2 <sup>nd</sup>	Force, Moment, support conditions, Conditions of equilibrium
	3 <sup>rd</sup>	C.G & M.I, Free body diagram
	4 <sup>th</sup>	Review of C.G and M.I of different sections
	5 <sup>th</sup>	Review of C.G and M.I of different sections
2 <sup>nd</sup>	1 <sup>st</sup>	Introduction to stresses and strains
	2 <sup>nd</sup>	Mechanical properties of materials – Rigidity, Elasticity, Plasticity, Compressibility, Hardness, Toughness, Stiffness, Brittleness,
	3 <sup>rd</sup>	Ductility, Malleability, Creep, Fatigue, Tenacity, Durability
	4 <sup>th</sup>	Types of stresses - Tensile, Compressive and Shear stresses
	5 <sup>th</sup>	Types of strains - Tensile, Compressive and Shear strains
3 <sup>rd</sup>	1 <sup>st</sup>	Complimentary shear stress - Diagonal tensile / compressive Stresses due to shear
	2 <sup>nd</sup>	Elongation and Contraction, Longitudinal and Lateral strains
	3 <sup>rd</sup>	Poisson's Ratio, Volumetric strain, computation of stress, strain
	4 <sup>th</sup>	change in dimensions and volume etc.
	5 <sup>th</sup>	Numerical
4 <sup>th</sup>	1 <sup>st</sup>	Hooke's law - Elastic Constants
	2 <sup>nd</sup>	Derivation of relationship between the elastic constants
	3 <sup>rd</sup>	Application of simple stress and strain in engineering field
	4 <sup>th</sup>	Behavior of ductile and brittle materials under direct loads, Stress Strain curve of a ductile material
	5 <sup>th</sup>	Limit of proportionality, Elastic limit, Yield stress, Ultimate stress, Breaking stress, Percentage elongation, Percentage reduction in area
5 <sup>th</sup>	1 <sup>st</sup>	Significance of percentage elongation and reduction in area of cross section
	2 <sup>nd</sup>	Deformation of prismatic bars due to uniaxial load, Deformation of prismatic bars due to its self-weight.
	3 <sup>rd</sup>	Complex stress and strain
	4 <sup>th</sup>	Principal stresses and strains: Occurrence of normal and tangential stresses

6 <sup>th</sup>	5 <sup>th</sup>	Concept of Principal stress and Principal Planes
	1 <sup>st</sup>	major and minor principal stresses and their orientations
	2 <sup>nd</sup>	Mohr's Circle and its application to solve problems of complex stresses
	3 <sup>rd</sup>	Stresses in beams due to bending: Bending stress in beams – Theory of simple bending – Assumptions
	4 <sup>th</sup>	Moment of resistance – Equation for Flexure – Flexural stress distribution
7 <sup>th</sup>	5 <sup>th</sup>	Curvature of beam – Position of N.A. and Centroidal Axis – Flexural rigidity – Significance of Section modulus
	1 <sup>st</sup>	Shear stresses in beams: Shear stress distribution in beams of rectangular, circular and standard sections symmetrical about vertical axis.
	2 <sup>nd</sup>	Shear stresses in beams: Shear stress distribution in beams of rectangular, circular and standard sections symmetrical about vertical axis.
	3 <sup>rd</sup>	Concept of torsion, basic assumptions of pure torsion
	4 <sup>th</sup>	torsion of solid and hollow circular sections, polar moment of inertia
8 <sup>th</sup>	5 <sup>th</sup>	torsional shearing stresses, angle of twist, torsional rigidity, equation of torsion
	1 <sup>st</sup>	Combined bending and direct stresses: Combination of stresses, combined direct and bending stresses
	2 <sup>nd</sup>	Maximum and Minimum stresses in Sections, Conditions for no tension, Limit of eccentricity
	3 <sup>rd</sup>	Middle third / fourth rule, Core or Kern for square
	4 <sup>th</sup>	rectangular and circular sections, chimneys, dams and retaining walls
9 <sup>th</sup>	5 <sup>th</sup>	Numerical
	1 <sup>st</sup>	Columns and Struts, Definition, Short and Long columns
	2 <sup>nd</sup>	End conditions, Equivalent length / Effective length, Slenderness ratio
	3 <sup>rd</sup>	Axially loaded short and long column, Euler's theory of long columns
	4 <sup>th</sup>	Critical load for Columns with different end conditions
10 <sup>th</sup>	5 <sup>th</sup>	Types of Loads: Concentrated (or) Point load, Uniformly Distributed load (UDL)
	1 <sup>st</sup>	Types of Supports: Simple support, Roller support, Hinged support, Fixed support
	2 <sup>nd</sup>	Types of Reactions: Vertical reaction, Horizontal reaction, Moment reaction
	3 <sup>rd</sup>	Types of Beams based on support conditions
	4 <sup>th</sup>	Calculation of support reactions using equations of static equilibrium
11 <sup>th</sup>	5 <sup>th</sup>	Shear Force and Bending Moment: Signs Convention for S.F. and B.M
	1 <sup>st</sup>	S.F. and B.M. of general cases of determinate beams with

		concentrated loads and udl only
	2 <sup>nd</sup>	S.F and B.M diagrams for Cantilevers
	3 <sup>rd</sup>	Simply supported beams and overhanging beams
	4 <sup>th</sup>	Position of maximum BM, Point of contraflexure
	5 <sup>th</sup>	Relation between intensity of load, S.F and B.M.
12 <sup>th</sup>	1 <sup>st</sup>	Numerical
	2 <sup>nd</sup>	Introduction: Shape and nature of elastic curve (deflection curve)
	3 <sup>rd</sup>	Introduction: Shape and nature of elastic curve (deflection curve)
	4 <sup>th</sup>	Relationship between slope, deflection and curvature (Derivation)
	5 <sup>th</sup>	Relationship between slope, deflection and curvature (Derivation)
13 <sup>th</sup>	1 <sup>st</sup>	Importance of slope and deflection
	2 <sup>nd</sup>	Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method)
	3 <sup>rd</sup>	Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method)
	4 <sup>th</sup>	Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method)
	5 <sup>th</sup>	Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method)
14 <sup>th</sup>	1 <sup>st</sup>	Indeterminacy in beams
	2 <sup>nd</sup>	Principle of consistent deformation/compatibility
	3 <sup>rd</sup>	Analysis of propped cantilever
	4 <sup>th</sup>	Analysis of propped cantilever
	5 <sup>th</sup>	Analysis of propped cantilever
15 <sup>th</sup>	1 <sup>st</sup>	fixed and two span continuous beams by principle of superposition
	2 <sup>nd</sup>	SF and BM diagrams (point load and udl covering full span)
	3 <sup>rd</sup>	SF and BM diagrams (point load and udl covering full span)
	4 <sup>th</sup>	SF and BM diagrams (point load and udl covering full span)
	5 <sup>th</sup>	SF and BM diagrams (point load and udl covering full span)
16 <sup>th</sup>	1 <sup>st</sup>	Introduction: Types of trusses

	2 <sup>nd</sup>	statically determinate and indeterminate trusses
	3 <sup>rd</sup>	statically determinate and indeterminate trusses
	4 <sup>th</sup>	degree of indeterminacy
	5 <sup>th</sup>	stable and unstable trusses. advantages of trusses.

